



Newsletter

MOBILE ADDICTION OUTREACH MAO

January, February and March were busy months for MAO. During these months, MAO team provided clients with essential supplies such as socks, gloves, hand warmers, etc. We helped support numerous clients get into treatment centres. Our transitional room is currently full and continues to provide safe and sober living to those awaiting treatment. We are currently operating Monday-Friday and will include weekends starting this summer. MAO has one full time staff providing services at this time.

* hours subject to change regarding Covid 19.

If you or someone you know needs support please contact:

780-933-2224

CMHA-ANWR 2020

Main Office
9713 100 Avenue
Grande Prairie, AB
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780.814.2349
info@gpcmha.ca

During this time of the Covid 19 Pandemic the staff at CMHA in all programs, with new policy and safety measures in place, are continuing to work and support our clients remotely from home.

We are happy to share that the purchase of the new building that will house 3 of our programs was successfully completed.

Pictured Below



Support for Persons with Disabilities - SPD PROGRAM

The SPD program contract was renewed for another 3 year term with all our current clients

The Clients activity engagement continues to run very well with clients participating with a lot of new menu items in our cooking classes.

Six new support staff was added to the program team.

Client engagement room:

- Focus continues to create more engagement and interactions with our program individuals with the staff to build relationship and interaction
- Staff socializing with each other, as a result this has built a stronger team, by encourage one another and participating more during the scheduled activities
- We've explore different new menu's during cooking classes
- Clients still helped out with cleaning up and also offer to take out garbage after each activity
- Continue to see more open communication between clients and the support staff
- Overall, the room has been an excellent space for all staff and clients to bond together over activities and enjoy each others company

SPD Program continues to run with all precautions in place as per emergency preparedness plan policy

SPD Program 780.512.3566



HUB RESOURCE CENTER

Amazing news, the kitchen in the Hub Resource Center at Willow Place has been completed!

Covid 19 measures are currently in place at the facility and all activities have been postponed until a later approved date.

Regarding Willow Place:

The Transitional Unit has been successful for three clients and is available for application for those individuals leaving Detox and awaiting treatment.

LIVING LIFE TO THE FULL

HELPING YOU TO HELP
YOURSELF

Want to know how to feel happier, more confident and worry less right now? Would you like to learn new ways of dealing with what life throws at you?

8 fun 90 minute sessions

Course Information 780.814.2349

CMHA -ANWR in Our Community or Donating to Our Programs



Thank you to Parkside Montessori. For the week of February 17-21st their school shared kindness in our community and chose to share kindness towards Mental Health in Grande Prairie and Willow Place. The students came up with purchasing games, colouring books, relaxing bath materials and fun activities that might brighten the days of our individuals with Mental Health. On Friday February 21st students delivered items of kindness to our Willow Place.

Looking to support individuals and our community ?

To see our sponsors, volunteer or to donate to our Programs visit our website or Please Contact

Lisa St Julien Directly 780.832.7618
lisa.stjulien@gpcmha.ca

Intensive Case Management

We have successfully housed 6 individuals and are fully staffed right now.

We continue to build strong relationships with landlords in our community and able to rehouse individuals when being approved for AISH if they so chose to.

If you would like to access the *housing first program*, assessments can be done through the YMCA.



Thank you to VISA Truck Rentals for your generous Support.

NEED HELP NOW?

Call The 24/7 CRISIS LINE at:

1.877.303.2642