



Canadian Mental  
Health Association  
Alberta Northwest Region

October 2019 Issue 1

# Newsletter

## MOBILE ADDICTION OUTREACH MAO

Supported by AHS, our MAO staff provide one to one service for at risk and street level individuals, through referrals and cold calls they receive from the community.

They work closely with other agencies within our community like North Reach, Rotary, St Lawrence Center and the Addiction Recovery Programs.

MAO staff are also involved in purveying Housing First, Alberta Works, treatment applications and medical/psychiatric appointments. Including, access to food, clothing and transportation. MAO staff connects with about 500 individuals per month. If you or someone you know needs support please contact:

**780-933-2224**

## CMHA-ANWR

From the office of the  
Executive Director:

Main Office  
9713 100 Avenue  
Grande Prairie, AB  
T8V 0T5

780.814.2349  
info@gpcmha.ca

I have been the Executive Director for over a year now and I have witnessed the compassion and dedication with in our staff here.

There has been so many exciting changes that has happened so far and many to still come over the next year.

We will be announcing our 25th year in Grande Prairie in 2020 and exciting announcements will follow in the next Newsletter.

I would like to thank not only our staff for their dedicated service but our Board for their support as well as all of our Sponsors and Volunteers.

Together nothing is impossible!

Randy



# Support for Persons with Disabilities - SPD PROGRAM

Disability services provides one to one support for individuals with mental health and /or addiction issues.

SPD Program successfully held their annual Community BBQ on August 30, 2019.

They had live interactive entertainment a street performer and face painting, music and a big thank you to our sponsor Harvey's Restaurant for supplying the burgers. 780.512.3566



211  
is Coming to  
Grande Prairie

## Intensive Case Management

Housing First philosophy thought the city of Grande Prairie.

Support Locating and maintaining housing for individuals experiencing homelessness. Our team successfully housed 12 people in the last 3 months.

The program welcomes Stacey Budgell as their new Team Lead.

780-814-0058

## HUB RESOURCE CENTER

There is always lots happening at The Hub Resource Center including new creations at Creative Arts. BBQ Season is coming to an end but that means Turkey Dinners are approaching with Thanksgiving and Christmas.

We would like to take this time to Welcome our newest member Dory to the team, you will mostly find her baking/cooking in the kitchen.

780.814.2349

## LIVING LIFE TO THE FULL

HELPING YOU TO HELP YOURSELF

Want to know how to feel happier, more confident and worry less right now? Would you like to learn new ways of dealing with what life throws at you?

8 fun 90 minute sessions

Course Information 780.814.2349

# NEED HELP NOW??

**ALBERTA MENTAL HEALTH HELPLINE**

1-877-303-2642

**SUICIDE DISTRESS LINE**

1-877-321-2747

**AHS ADDICTIONSHELPLINE**

1-866-332-2322

**PEACE COUNTRY SEXUAL ASSAULT  
HELPLINE**

1-888-377-3223

**FAMILY VIOLENCE**

1-780-310-1818

## CMHA -ANWR in Our Community

Our Website has had a face lift!

[www.gpcmha.ca](http://www.gpcmha.ca)

We have had a wonderful response from the community requesting presentations for their workplace staff members and organizations. If you are interested in having someone come share more about what we do please contact us through the website.

Looking to impact individuals and our community ?

To donate to our Programs.

Please Contact Lisa St Julien  
Directly at 780.832.7618

[lisa.stjulien@gpcmha.ca](mailto:lisa.stjulien@gpcmha.ca)

A Big Thank you to Nick and his staff from *Nick's No Frills* for their generous donation in August.

Pictured to the right with Executive Director  
Randy Arsenault

